



SPARROW'S NEST FOOD WISH LIST

Canned Protein (Chicken, Tuna, & Vienna Sausage)

Soups (Chicken Noodle, Vegetable, Tomato, etc.)

Cream Soups (Cream of Chicken, Mushroom)

Chili & Beef Stew

Canned Fruit & Fruit Cups

Canned Vegetables

Pasta or Egg Noodles

Spaghetti Sauce

Baked Beans, Pork & Beans

Rice

Instant or Canned Potatoes

Macaroni and Cheese

Spaghettios/Ravioli

Ramen Noodles

Canned Vegetables

Kid's Snacks: (Granola Bars, Pudding Cups, Goldfish, etc.)

Peanut Butter & Jelly

Cereal and Oatmeal

Pancake Mix & Syrup

Boxed, Powdered or Canned Milk

Boost or Ensure Protein Drinks

Sugar, Cooking Oil, Butter, Mayo, Ketchup, BBQ sauce

Ground Coffee (Regular and Instant), Coffee Creamer, Sugar

Personal Hygiene & Household Items

Toilet paper, toothpaste, toothbrushes, shampoo, bath soap/body wash, razors, deodorant, dish soap, laundry detergent pods, baby wipes, baby diapers sizes 4-6 and 2T+ pullups, adult Depends (Lg/XL), dog and cat food

** We accept new or used plastic and paper grocery bags to repurpose **

Watch for our weekly "most needed item" in the "Life Section" of the Brunswick News & on social media